



Call 211 for general social service support & questions.

Please visit [this page](#) for the most up to date resource guide in the Waltham Area.

Visit [this page for information](#) from the City of Waltham about coronavirus updates.

VIRUS TESTING

[AFC Urgent Care](#)

Providing drive-through testing. [See story here.](#)

FOOD RESOURCES

[Healthy Waltham](#)- Will continue their 2 monthly food banks and is considering increasing their frequency.

1. Watch City Market

Thursday, April 9 4:00 – 6:00pm

[McDevitt Middle School, 75 Church St, Waltham, MA 02452, USA](#)

Join us for a market style distribution of assorted foods and grocery staples at no cost. Sign up is required by emailing wpsmarket@walthampublicschools.org or call 781-314-5400.

2) Mobile Market at public elderly housing locations

[Waltham Public Schools](#)- partnering with Boys & Girls Club to expand food availability-including the possibility of dinners- gave out 400 packaged meals yesterday. But a lot of families are afraid to leave the house. Please share with them it's safe for them to pick up a meal- we don't want kids going hungry! (see attached flyer). Locations are at Waltham Housing Authority family housing and emergency family shelters, but any family can get food for their children at these sites.

UNEMPLOYMENT ASSISTANCE

Massachusetts Unemployment Application, [linked here](#)

MENTAL HEALTH / SAFETY

[Wayside Youth](#)- helping clients using Tele-Health <https://www.telehealth.com/>

Please contact us at info@waysideyouth.org

[BARCC](#)-Boston Area Rape Crisis Center- 24/7 hotline still running as well as webchat. Hotline: 24/7 1-800-841-8371, and online 9:00 a.m.–11:00 p.m. at barcc.org/chat.

[REACH](#)- Providing remote domestic violence services. For help, call REACH at 1.800.899.4000

[Bentley University VITA Site](#)- Hoping to resume services soon to help people file their taxes virtually. Jonathan White jmwhite@bentley.edu

DIAPER DEPOT

<http://www.christchurchwaltham.org/event/diaper-depot/>

3rd Sat of month, 10-1 - this coming Saturday, March 21.
Maximum 30 diapers; maximum age 4yo. They are dependent on donations.

Church #781-891-6012
750 Main Street

INTERNET ACCESS HELP

Comcast

Offering free essentials internet for low-income, new clients for 2 months. [Click here for more information](#).
Apply online (can be done from a phone with data or with someone else's wifi)

Spectrum

Offering free internet to any family that is a new customer & has a child in a k-12 program. [Click here for more information](#). Call 1-855-243-8892 to sign up for this offer

HELP FOR PARENTS

Parents Helping Parent: Parental Stress Line 24/7 - 1.800.632.8188

Support Groups: Available Online Parent Support Groups are as follows: Wednesday 3/18 at 10:00 am & 3:30 pm/Thursday 3/19 at 8:30 am & 6:00 pm Call-in information for these groups are below: Click this link to join the meeting by computer or smartphone: <https://zoom.us/j/6607380697> No Computer, Dial in by phone : +1 929 205 6099 then input the meeting id 6607380697#

- Friday Groups connection information Friday 8:30 am Click this link to join the meeting by computer or smartphone: <https://zoom.us/s/451271269>

No Computer, Dial in by phone : +1 929 205 6099 then input the meeting id 451271269#

- Friday Noon: Click this link to join the meeting by computer or smartphone: <https://zoom.us/s/550642764>
No Computer, Dial in by phone : +1 929 205 6099 then input this Meeting ID: 550642764#

TOILETRIES

<https://hopeandcomfort.org/> - orgs/schools can request hygiene products here. Request form is on top right hand corner. Pick up needed in their Needham office.

EMERGENCY SHELTERS

Hotline and office phones are up and running and shelter too.

ph 781.891.0724

Building Healthy Communities by Ending Domestic Violence

www.reachma.org

EDUCATIONAL RESOURCES

Reminder of WPS' Extended Learning site - has some info about cheap or free internet:

<https://sites.google.com/walthampublicschools.org/wps-extendedlearning/digital-resources?authuser=0>

Library- Closed but has [online resources](#)

Aaron Devine 781-314-3442, adevine@minlib.net working on setting up some online ESL programs.

INFORMATION FOR GREEN CARD HODLERS / NON-CITIZENS

1) USCIS encourages all those, including aliens, with symptoms that resemble Coronavirus Disease 2019 (COVID-19) (fever, cough, shortness of breath) to seek necessary medical treatment or preventive services. Such treatment or preventive services will not negatively affect any alien as part of a future Public Charge analysis.

2) Lawyers for Civil Rights have created a "Know Your Rights" page for immigrants to navigate medical care, food security, workplace rights, legal issues, etc. <http://lawyersforcivilrights.org/coronavirus/> and are regularly updating the webpage.

3) Lastly, food pantries and grocery stores are remaining open under Governor Baker's state of emergency rules limiting gatherings of 25 people or more. Families should continue to utilize food pantries during this time.

USCIS Alert on Public Charge (<https://www.uscis.gov/greencard/public-charge>)

Link for **up-to-date resources for undocumented families** (nationwide resources), [link here](#).

RENT AND UTILITIES

RENT

WATCH is working on getting funding for a tenant assistance fund. (We have a small one now but it won't meet the need coming). If you have someone who might need rent assistance next month, please have them fill out our [online request form](#). (In English and Spanish)

- 1) The state has ordered the courts not to accept any new eviction cases until at least April 21st.
- 2) Right now, the local and state offices that provide financial assistance are closed.
- 3) Complete our [online form](#). We'll contact you as soon as we hear when they reopen.
- 4) Go to [Metro Housing Boston](#) and complete a pre-application. (Even though the agency, Metro Housing Boston is closed until 3/27, they will consider the requests in order when they reopen.)

UTILITIES

- 1) Complete our [online form](#). We'll contact you as soon as we hear of any new financial assistance.
 - 2) Eversource and National Grid are NOT shutting off utilities during this crisis.
 - 3) If you are behind, call them to make a payment plan
 - 4) Call Salvation Army, 781-894-0413 to apply for one-time financial assistance.
 - 5) To apply for the Fuel Assistance program, call 978-459-6161 or FuelAssistance@CommTeam.org. Their office is currently closed, but they will return all calls and emails. For more information: <https://www.commteam.org/>
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ECONOMIC ASSISTANCE

COVID-19 Loan Fund - <https://www.empoweringsmallbusiness.org/>

VOLUNTEER OPPORTUNITIES

People want to volunteer? Can refer to [this list](#) for established nonprofits who need help. (please email daria@watchcdc.org to add to this list)