



Marlborough Resources

Call 211 for general social service support & questions.

Below is a brief list of the most relevant resources for Marlborough. For a full list, [click here](#).

Here are some helpful links from MPS about how to talk to a mentee about coronavirus. [Click here](#).

Up-to-date information from the City of Marlborough. [Click here](#).

VIRUS TESTING RESOURCES

AFC Urgent Care

38 Boston Post Road West in Marlborough

They are seeing patients with respiratory-related and possible COVID concerns. Patients will have TeleHealth visits, including video with our provider and if needed drive up flu, strep and COVID testing. Please call us at 508-658-0764 option 5 to register.

Patients with non-respiratory symptoms will be seen in clinic as usual. The hours of operations are M-F from 8 to 8 pm and weekends from 8 to 5 pm.

UNEMPLOYMENT ASSISTANCE

Massachusetts Unemployment Application, [linked here](#)

FOOD RESOURCES

Marlborough Community Cupboard

255 Main Street, Rm.113

508-481-4080

<https://www.uwotc.org/MCC>

Hours: Monday, Wednesday and Friday 9am-1pm; Additional hours Weds 5pm-7pm

Our Fathers Table

First Baptist Church

Monument Square

508-485-3450

Hours: Monday, Tuesday, and Thursday 5 – 6 PM

INTERNET ACCESS HELP

Comcast

Offering free essentials internet for low-income, new clients for 2 months. [Click here for more information](#). Apply online (can be done from a phone with data or with someone else's wifi)

Spectrum

Offering free internet to any family that is a new customer & has a child in a k-12 program. [Click here for more information](#). Call 1-855-243-8892 to sign up for this offer

PSYCHOLOGICAL EMERGENCY SERVICES

Statewide Emergency Services Program (Refers to Advocates)

Mobile Crisis Intervention- 877-382-1609

Statewide MassHealth Subscriber's Crisis Team - 800-981-4357

Framingham

Advocates, Psychiatric Emergency Services (PES) - 354 Waverly Street 508-872-3333 or 800-640-5432

Framingham Metrowest Medical Center - 115 Lincoln Street 508-650-7380

MENTAL HEALTH RESOURCES

[Call2Talk](#) – Free, anonymous phone call option for people in crisis or just needing to talk to someone.

Other options:

1. **Advocates Community Counseling**

340 Maple Street, Suite 400

508-485-9300

<https://www.advocates.org/>

2. **Julie Casella, MA, LMHC**

929 Boston Post Road East

617-340-8739

<https://www.psychologytoday.com/us/therapists/julie-casella-marlborough-ma/308479>

3. **Anne Catalano, MA, LMHC, SAC**

929 Boston Post Road East

<https://www.psychologytoday.com/us/therapists/anne-catalano-marlborough-ma/343239>

4. Cheryl Desautels, MA

Victoria Building, 277 Main Street, Suite 207

774-249-5584

<http://www.cheryldesautels.org/>

5. Debora Franco, LMHC

40 Mechanic Street, Suite 303

774-225-1410

<https://www.psychologytoday.com/us/therapists/debora-franco-marlborough-ma/251150>

6. Michelle Klotz, MA, LMHC, SAC

Central Mass Counseling

929 Boston Post Road

978-919-4542

<https://www.psychologytoday.com/us/therapists/michelle-klotz-marlborough-ma/104995>

7. Shelley Lyons, MA, LMHC

289 Elm Street, Suite 203

508-692-9169

<https://www.psychologytoday.com/us/therapists/shelley-lyons-marlborough-ma/151465>

8. Mental Health Affiliates

221 Boston Post Road East

508-460-9633

www.mentalhealthaffiliates.com

9. Alyssa Pacific, LICSW

40 Mechanic Street, Suite 307

781-264-1441

<https://www.alyssapacificlicsw.com/>

10. SMOC Behavioral Healthcare

230 Maple Street

508-480-0092

<https://www.smoc.org/behavioral-health-services.php>

11. Elisa Swieg

10 Cook Lane

774-571-1897

<https://www.psychologytoday.com/us/therapists/elisa-sweig-marlborough-ma/196411>

12. Grace Terrazas, LICSW

Alivio Wellness Center

277 Main Street, Suite 6

339-666-6602

<https://www.psychologytoday.com/us/therapists/grace-terrazas-marlborough-ma/318327>

SUBSTANCE ABUSE RESOURCES

Genesis Community Counseling Services

24 Union Avenue, Suite 11, Framingham 508-620-2992

Teen Talk, Counseling and Youth Substance Abuse Program – three session evaluation/education program

HOUSING RESOURCES

Framingham

Department of Transitional Assistance

Family Shelter Emergency Assistance

Department of Housing and Community Development (DHCD)

300 Howard Street

Framingham, MA 01702

508-661-6600

<https://www.mass.gov/orgs/housing-and-community-development>

Overview: The Department of Housing and Community Development (DHCD) oversees family homeless prevention, diversion, supported family shelter and stabilized re-housing services. A DHCD Homeless Coordinator is on site.

Tempo Young Adult Resource Center

68 Henry Street

Framingham, MA 01702

508-879-1424

<http://tempoyoungadults.org/>

Overview: Tempo provides information about services available to adolescents and young adults in areas including food, shelter, medical/health insurance, employment and education services.

Marlborough

The Housing Consumer Education Center (HCEC)

Marlborough Human Services

255 Main St, Suite 113

Marlborough, MA 01752

508-460-3758

<https://www.smoc.org/housing-consumer-education-center.php>

Hours: Monday-Friday 9am to 1:30pm (Walk in clients are welcome.)

Overview: The Home Center provides a variety of services for homeless individuals and families along with individuals and families facing eviction who are not eligible for DTA services. This service is provided through information and referral, individual counseling, workshops, and seminars.

Scattered Sites Family Shelter
South Middlesex Opportunity Council (SMOC)

7 Bishop Street
Framingham, MA 01702
(508) 872-4853

<https://www.smoc.org/scattered-sites.php>

Overview: Scattered Site Family Shelter has 40 units for homeless families. Scattered Sites Family Shelter is generally used for homeless families with severe medical issues, families with older children or many children. Families placed in Scattered Sites are expected to have a high level of self – sufficiency such as being employed, or enrolled in an educational or training program. Program staff assist families in acquiring permanent, affordable housing, as well as medical, education, vocational, and social services.

Eligibility Requirements: Homeless Families must contact their local Department of Transitional Assistance (DTA) office to be determined Emergency Assistance Eligible (EA Eligible). The DTA reviews a family's reason for becoming homeless, income, assets, and citizenship. Please refer to the below link to DTA for more information regarding eligibility. Once eligible the local DTA office will refer the family to the SMOC Intake Coordinator whom then interviews and places the family in the next available appropriate shelter opening.

ECONOMIC ASSISTANCE

COVID-19 Loan Fund - <https://www.empoweringsmallbusiness.org/>

INFORMATION FOR GREEN CARD HODLERS / NON-CITIZENS

1) USCIS encourages all those, including aliens, with symptoms that resemble Coronavirus Disease 2019 (COVID-19) (fever, cough, shortness of breath) to seek necessary medical treatment or preventive services. Such treatment or preventive services will not negatively affect any alien as part of a future Public Charge analysis.

2) Lawyers for Civil Rights have created a "Know Your Rights" page for immigrants to navigate medical care, food security, workplace rights, legal issues, etc.
<http://lawyersforcivilrights.org/coronavirus/> and are regularly updating the webpage.

3) Lastly, food pantries and grocery stores are remaining open under Governor Baker's state of emergency rules limiting gatherings of 25 people or more. Families should continue to utilize

food pantries during this time.

USCIS Alert on Public Charge (<https://www.uscis.gov/greencard/public-charge>)

Link for **up-to-date resources for undocumented families** (nationwide resources), [link here.](#)

Looking to volunteer?

Volunteer at Marlborough Community Cupboard. [Link here.](#)